



# Rally

SANCTIONED



Organized and hosted by the

## La Mesa Kiwanis

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

California Family Soap Box Derby Assoc. (CFSBDA) is a non-profit organization dedicated to the promotion of Soap Box Derby Racing In Southern California. [www.cfsbda.org](http://www.cfsbda.org)

# La Mesa

**Saturday and Sunday  
November 7th and 8th, 2009**

### Location:

On Junior High Drive, between Cinnabar Drive and Parks Avenue in La Mesa, California 91941

### Schedule:

Please be there as early as you can—there will be a lot of cars to get through the registration process. Drop your child and car off at the top of the hill and you will be directed to parking for the day.

6:30–8:30 AM Sign-in

6:30–8:45 AM Weigh-in and inspection

9:00 AM Practice runs as needed for first time drivers.

9:30 AM Racing Starts

### Registration:

\$35.00 for the first race and \$25.00 for the second race each day. Make checks payable to: La Mesa Kiwanis

### Divisions:

Stock, ages 8 (as of the date of the race) to 14

Super Stock, ages 10 (as of the date of the race) to 17

Masters, ages 10 (as of the date of the race) to 17

### Weight Limits:

Stock, 200 lbs. total, 100 lbs. max tail weight.

Super Stock, 230 lbs. total, 122.5 lbs. max tail weight. (15 lbs. tail heavy)

Masters, 255 lbs. total, 127.5 lbs. max tail weight.

### Inspection:

Cars will be inspected prior to the race. Check your car ahead of time. Use the inspection sheet in the 2008 car AASBD assembly instruction booklets.

### Race Format:

One double & one single elimination race on Saturday and one double & one single elimination race on Sunday. All cars must be weighed in and inspected prior to the first race. Lane and wheel swap, timer differential. We reserve the right to alter the race format based on weather and track conditions on the day of the race. Rally races are open to all qualified entrants and are the best way to practice for the All-American Local Championship.

### Rules:

All American Soap Box Derby 2008 rules apply. All protests against other entries must be lodged prior to the start of the race. (*Exception: car is altered during the race.*)

### Wheels:

Z-Glass wheels in all divisions. Wheels must be retained by standard AASBD wheel clips. Mark your name and location (i.e. left front) clearly on each wheel. No added lubrication after the race starts. You will be swapping wheels with your opponent and will not receive your wheels back until the end of the race. Please ensure you have retrieved your wheels at the end of the day. If you must leave early please notify the Race Director.

### Trophies:

Trophies will be awarded to 1st through 4th place finishers in all races. Participation awards will be given to all other participants.

### Food:

Food and drink will be available for purchase on both days.

**This soap box derby rally is organized and hosted by unpaid volunteers. We expect all participant families to help with the running of the race as well as with set-up, tear-down and lifting of cars.**

### Call or e-mail us with any questions you may have:

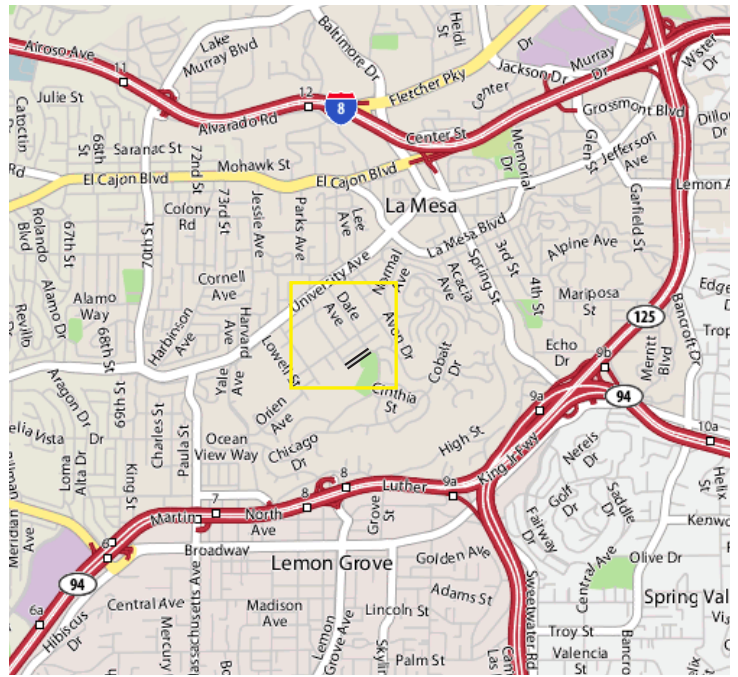
Dennis Wilkes, Derby Director

[www.members.cox.net/soapboxderby.com](http://www.members.cox.net/soapboxderby.com)

[dwilkes1@cox.net](mailto:dwilkes1@cox.net)

(619) 921-8229

# La Mesa



## From the North:

Take the I-5 SOUTH

Bear LEFT on I-805 S - go 10.7 mi

Take the I-8 exit E toward EL CENTRO - go 6.9 mi

Take the SPRING ST/DOWNTOWN exit onto SPRING ST - go 0.5 mi

Turn RIGHT on UNIVERSITY AVE - go 0.9 mi

Turn LEFT on PARKS AVE - go 0.4 mi

Turn LEFT on JR. HIGH DR - drive to top of hill to unload

## From San Diego:

Take the CA-94 EAST

Take exit #6/BROADWAY/COLLEGE AVE toward BROADWAY - go 0.2 mi

Continue on BROADWAY - go 0.3 mi

Turn LEFT on MASSACHUSETTS AVE - go 0.9 mi

Turn RIGHT on UNIVERSITY AVE - go 0.7 mi

Turn RIGHT on PARKS AVE - go 0.4 mi

Turn LEFT on JR. HIGH DR - drive to top of hill to unload

## From the East:

Take the I-8 WEST toward SAN DIEGO

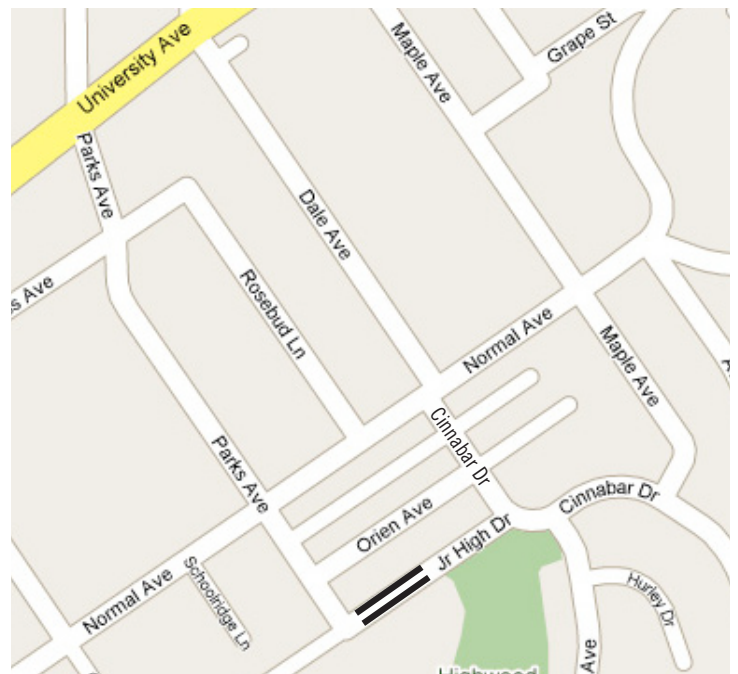
Take the EL CAJON BLVD exit toward EL CAJON BLVD/SPRING ST - go 0.5 mi

Turn LEFT on BALTIMORE DR - go 0.2 mi

Turn RIGHT on UNIVERSITY AVE - go 0.8 mi

Turn LEFT on PARKS AVE - go 0.4 mi

Turn LEFT on JR. HIGH DR - drive to top of hill to unload



## Track Location:

Junior High Drive  
between Cinnabar Drive and Parks Ave  
in La Mesa, California 91941